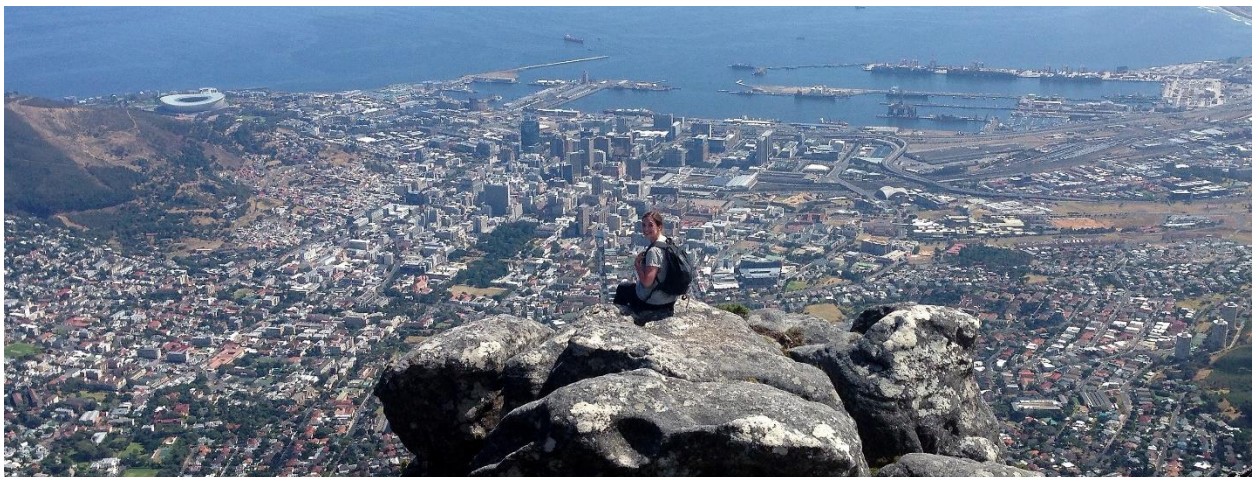


# Our top things to do in Cape Town

1. Table Mountain.
2. V&A Waterfront.
3. The Winelands, Franschhoek.
4. Kirstenbosch Botanical Gardens - Boomslang Tree Canopy Walkway.
5. Chapman's Peak Drive. \*\*\*\*
6. The Penguins at Boulders Beach & Simon's Town. \*\*\*\*
7. Cape Point – Cape of Good Hope. \*\*\*\*
8. The Cape Town City Sightseeing Bus.
9. Camps Bay Beach.
10. Bo-Kaap.
11. Green Market Square.
12. Robben Island.
13. Learn to Surf or Kiteboard.
14. Sundowners at BOSSA Restaurant on the Beach.
15. Shark Cage Diving.
16. Helicopter Tours.
17. First Thursday.
18. The Fireman's Arms.
19. Luhambo Tours - Cape Wine & Day Tours.
20. Two Oceans Sport Fishing Charters.
21. Things to do for Kids.
22. Airport Transfers & Tours with Stuart Matanhire.

\*\*\*\* Same Day Activities.

## 1 VISIT TABLE MOUNTAIN



### Hike up Table Mountain | India Venster

Hike up India Venster, Table Mountain with a guide. This hike is perfect for guests looking for a bit of adventure and a lifetime achievement. **You should be fit and not scared of heights.** We recommend a company called, Hike Table Mountain. Weather dependent and Booking is essential.

**Take:** Hiking Shoes, Windbreaker, Plenty of Water, Sunglasses, Snack & Sunblock.

**Time:** +- 3.5 Hours

**Riaan Vorster | Tel: +27 21 422 0560 | Mobile: +27 83 683 1876 | [www.hiketablemountain.co.za](http://www.hiketablemountain.co.za)**

### OR

### Hike up Table Mountain | Platteklip Gorge -

Hike up Platteklip Gorge with or without a guide. The oldest and most direct route to the summit and therefore also the most popular, so expect company along the way. Follows a well-constructed path up an imposing ravine on the north face, featuring dramatic rock-formations in its upper reaches. Tops out near the upper cable station. **No guide required for this route.**

**Hike Starting Point:** About 1km past the cable way station on Tafelberg Road. We recommend parking at the cable way station and walking to the hike, that way when you take the cable car down, your car will be close by. Metered taxis park at the cable way station.

**Take:** Hiking / Walking Shoes, Windbreaker, Water, Sunglasses & Sunblock.

**Time:** +- 2 – 3.5 Hours. **NB:** Weather dependent. Check the website to make sure the cableway is open.

**Cableway Information | +27 21 424 8181 | [www.tablemountain.net](http://www.tablemountain.net)**

### OR

### Catch a cable car to the top of Table Mountain.

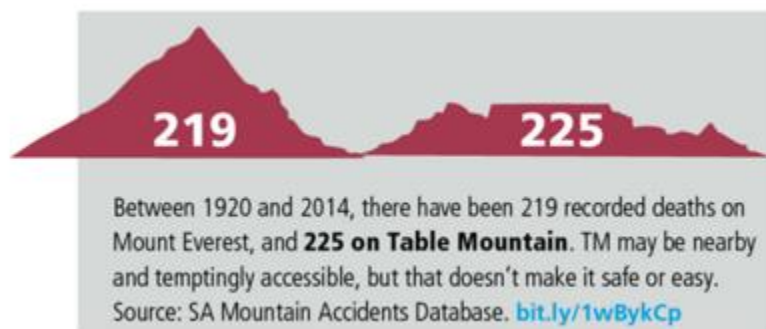
Take a five-minute cable car trip to the top of Table Mountain. There is a 45-minute walk from the Upper Cable Station to Maclear's Beacon, spanning the length of the mountain, approximately three kilometers. It is advisable to wear comfortable walking shoes to do the walk. End the walk with a visit to the Table Mountain Café. They offer a range of food and drinks, snacks, desserts and wines.

**Take:** Hiking / Walking Shoes, Windbreaker, Water, Sunglasses & Sunblock.

**Time:** +- 1.5 Hours. **NB:** Weather dependent. Check the website to make sure the cableway is open.

**Cableway Information | +27 21 424 8181 | [www.tablemountain.net](http://www.tablemountain.net)**

**PLEASE BE CAREFUL AND USE A GUIDE. IF YOU NEED ADVICE ON A GUIDE PLEASE CONTACT US.**



## 2 V&A WATERFRONT

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### **The Watershed Market**

You will find a vast selection of products from ceramics and furniture to textiles and fashion. The Watershed is located next to the Two Oceans Aquarium and is open daily from 10h00 – 19h00.

### **V&A Food Market**

There is something for everyone. [www.waterfrontfoodmarket.com](http://www.waterfrontfoodmarket.com)

### **GINJA Restaurant**

Have a glass of Champaign on the quayside terrace and enjoy stunning views of the working harbour with Table Mountain in the background. The restaurant is located at the Victoria & Alfred Hotel. A must during the day.

### **Quay Four Restaurant**

The downstairs tavern is great for pub food, beer and harbour views. Different live bands play every night of the week. +27 21 419 2008 | [www.quay4.co.za](http://www.quay4.co.za)

### **Ferrymans Tavern**

Great atmosphere with an English pub feel.

+27 21 419 7748 | [www.ferrymans.co.za](http://www.ferrymans.co.za)

### **Firefish Restaurant**

Excellent seafood at an upmarket restaurant. Booking is essential.

+27 21 286 4933 | [www.firefishrestaurant.co.za](http://www.firefishrestaurant.co.za)

### **Harbour House Restaurant**

Great seafood at an upmarket restaurant. Booking is essential.

+27 21 418 4744 | +27 21 418 4748 | [www.harbourhouse.co.za](http://www.harbourhouse.co.za)

### **Den Anker Restaurant**

Great for Belgian beer tasting. +27 21 419 0249 | [www.denanker.co.za](http://www.denanker.co.za)

### **Cape Town Fish Market V&A Waterfront Clock Tower**

Seafood platters, fish & chips, sushi bar.



### 3 THE WINELANDS, FRANSCHHOEK

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#### **The Franschhoek Wine Tram hop-on hop-off tour**

Passengers aboard the hop-on hop-off tour will experience a unique and leisurely way to see the Franschhoek Valley as they journey through rolling vineyards in an open-side tram and open-air tram-bus stopping in at some of South Africa's oldest and most distinguished wine estates.

**+27 21 300 0338 | +27 21 876 4943 | [www.winetram.co.za](http://www.winetram.co.za)**

#### **Café BonBon at La Petite Dauphine**

Beautiful setting to enjoy lunch. **+27 21 876 3936 | [www.lapetite.co.za](http://www.lapetite.co.za)**

#### **Wine Tasting at La Motte**

A wide variety of La Motte's award-winning wines can be sampled and purchased in a stylish and relaxing atmosphere. **+27 21 876 8820 | [www.la-motte.com/experience/tasting-room/](http://www.la-motte.com/experience/tasting-room/)**

#### **The Franschhoek Motor Museum**

The Franschhoek Motor Museum offers visitors a special opportunity to look back at more than 100 years of motoring history with its unique and exciting collection of vehicles, motorcycles, bicycles and memorabilia in the magnificent setting of L'Ormarins. **+27 21 874 9002 | [www.fmm.co.za](http://www.fmm.co.za)**

#### **Lynx Wines**

Situated on the foothills of the Klein Drakenstein Mountains just outside Franschhoek, Lynx Wines is the smallest Wine Estate in the Valley producing less than 7000 cases per annum.

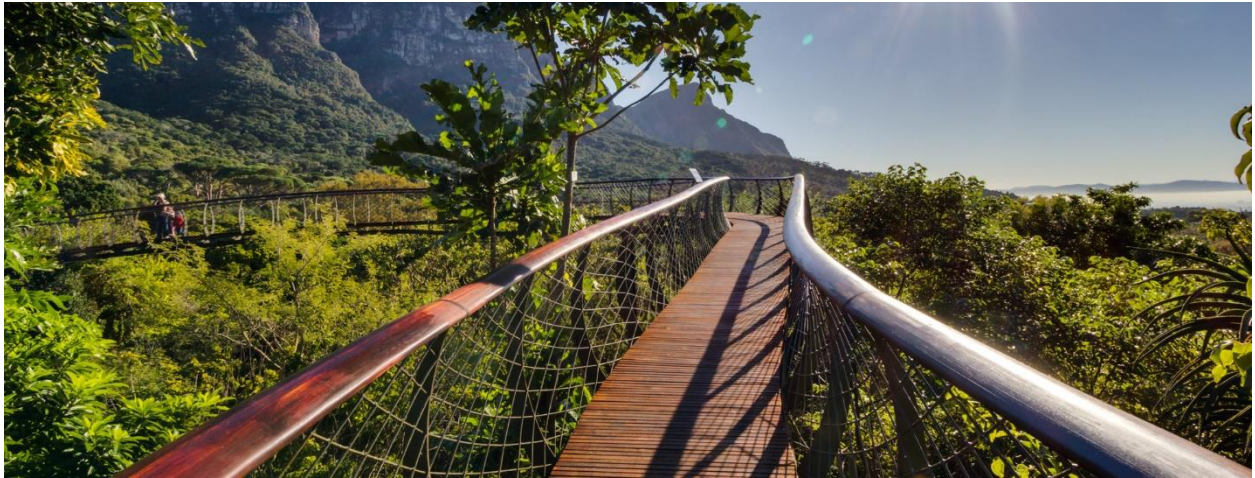
**+27 21 867 0406 | [www.lynxwines.co.za](http://www.lynxwines.co.za)**

#### **Vrede en Lust**

Vrede en Lust is a family owned and managed wine business. Make yourself comfortable at their tasting tables or on one of the comfortable leather couches and let them guide you through their range of wines. To accompany their wine tasting, they offer a selection of platters with fresh baked breads prepared by LUST Bistro & Bakery on the premises. **+27 21 874 1611 | [www.vnl.co.za](http://www.vnl.co.za) Time: 1 Day.**

## 4 KIRSTENBOSCH BOTANICAL GARDENS

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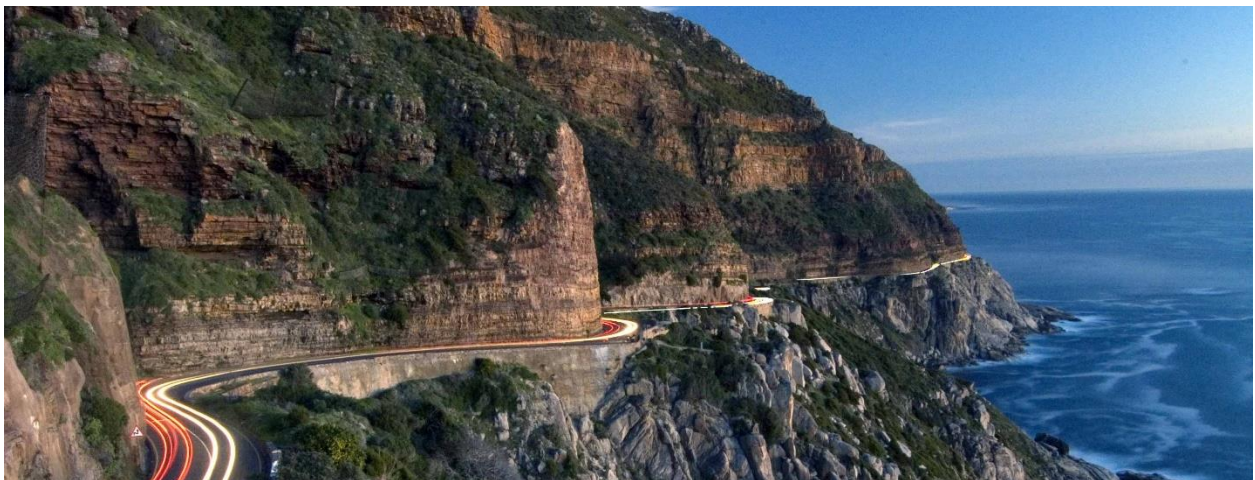


### Kirstenbosch

Kirstenbosch National Botanical Gardens is acclaimed as one of the great botanical gardens of the world. Take a walk on the Boomslang Tree Canopy Walkway. A curved steel and timber bridge that winds and dips its way through and over the trees of the arboretum. The walkway is 130m long and 12m above the ground. +27 21 799 8899 | [www.sanbi.org/gardens/kirstenbosch/](http://www.sanbi.org/gardens/kirstenbosch/)

## 5 CHAPMAN'S PEAK DRIVE

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### Chapmans Peak Drive

A stunning stretch of rocky coastline, situated between Noordhoek and Hout Bay. There are many viewing areas along the way. This is a 9km route.

+27 21 791 8222 | [www.chapmanspeakdrive.co.za](http://www.chapmanspeakdrive.co.za)

**\* This can be done one the same day as The Penguins at Boulders beach and Cape Point – Cape of Good Hope.**



## 6 THE PENGUINS AT BOULDERS BEACH & SIMON'S TOWN

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### **Penguins at Boulders Beach**

Sheltered public bay with a sandy beach & boardwalk, plus free-roaming colony of African penguins.

### **Bertha's Restaurant**

Bertha's Restaurant is situated on the quay in Simon's Town, with prime views of the Naval base, yacht club and False Bay, just off of the "Simon's Town Historic Mile". Fresh Seafood, Catch of the Day, Oysters, Prawns and our renowned Bertha's Seafood Platters are some of our signature dishes. The Restaurant has a "nautical" feel to it, with Just Nuisance and photos from the Historical Society displayed on the walls. +27 21 786 2138 | [www.berthas.co.za](http://www.berthas.co.za)

\* This can be done one the same day as Chapman's Peak Drive and Cape Point – Cape of Good Hope.

## 7 CAPE POINT – CAPE OF GOOD HOPE

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### **Cape Point – The Cape of Good Hope**

Rugged rocks and sheer cliffs towering more than 200 meters above the sea and cutting deep into the ocean provide a spectacular background for the Parks' rich bio-diversity. Cape Point falls within the southern section of Table Mountain National Park.

+27 21 780 9010 | [www.capepoint.co.za](http://www.capepoint.co.za)

### **Book a Private Tour with Stuart Matanhire – We Highly Recommend Stuart**

Private tour of Cape Point – The Cape of Good Hope. We recommend booking Stuart in advance.

+27 72 376 8432 | [web.facebook.com/goodtimesincapetown](https://web.facebook.com/goodtimesincapetown)

### **Cape Point Private Full Day Tour - Cape Town Day Tours**

Private full day tour of Cape Point – The Cape of Good Hope.

+27 21 713 0809 | [www.capetowndaytours.co.za/our-tours/cape-point-private-day-tour/](http://www.capetowndaytours.co.za/our-tours/cape-point-private-day-tour/)

\* This can be done one the same day as Chapman's Peak Drive and The Penguins at Boulders beach.

## **8 THE CAPE TOWN CITY SIGHTSEEING BUS**

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### **Cape Town City Sightseeing Bus**

Hop on and hop off the double-decker red bus and discover Cape Town. With informative audio commentary about all our major attractions in 15 different languages (and a special kids channel), City Sightseeing tours are the easiest and most fun way to see the sights.

+27 86 173 3287 | [www.citysightseeing.co.za/cape-town](http://www.citysightseeing.co.za/cape-town)

### **Booking tickets for the City Sightseeing Bus**

#### **V&A Waterfront (At the Two Oceans Aquarium)**

The ticket office is situated outside the Two Oceans Aquarium in the V&A Waterfront.

+27 21 408 7600 | [www.citysightseeing.co.za/cape-town/stops/va-waterfront](http://www.citysightseeing.co.za/cape-town/stops/va-waterfront)

#### **81 Long Street**

City Sightseeing's tour office in Long Street.

+27 21 511 6000 | [www.citysightseeing.co.za/cape-town/stops/long-street](http://www.citysightseeing.co.za/cape-town/stops/long-street)



## 9 CAMPS BAY

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### **Camps Bay Beach**

Camps Bay Beach, on the Atlantic coastline, is well known internationally for its pristine white sand and blue tranquil waters. The world-famous Table Mountain and Twelve Apostles mountain chain tower above it, and it is well sheltered when the southerly winds blow during the summer months.

### **The Leopard Bar**

At the award-winning Twelve Apostles Hotel and Spa. Enjoy cocktails at the Leopard Bar or enjoy "Tea by the Sea", a delicious afternoon tea with all the trimmings including chocolate brownies, cream scones, finger sandwiches and a selection of the best teas and coffee. It's regarded as something of an institution by the locals.

## 10 BO-KAAP

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### **Bo-Kaap**

The Bo-Kaap is an area of Cape Town, South Africa formerly known as the Malay Quarter. It is quintessentially a Township, situated on the slopes of Signal Hill above the city centre and is an historical centre of Cape Malay culture in Cape Town.



### **Firing of the Noon Day Gun**

The firing of the noon gun (cannon) is Cape Town's oldest living tradition. The two noon cannons are fired everyday (except Sundays and public holidays). Activated by an electric trigger connected to an atomic clock, the gun is accurate to the nearest millisecond.

### **Bo-Kaap Museum**

This small museum provides some insight into the lifestyle & cultural contributions of 19th-century Muslims.

## **11 GREEN MARKET SQUARE**

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### **Green Market Square**

In the heart of Cape Town's business district, you'll find Greenmarket Square. You will find clothing, glassware, hand-painted fabrics, footwear, music, sunglasses and curios from all over Cape Town and Africa.

Open Monday to Saturday between 09h00 and 16h00, in the square that dissects Burg Street and between Longmarket and Shortmarket streets.

## **12 ROBBER ISLAND MUSEUM**

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### **Robben Island Museum**

The museum opened its doors to the public in 1997. Robben Island was declared a World Heritage Site by UNESCO. +27 21 413 4200 | [www.robber-island.org.za](http://www.robber-island.org.za)

## **13 LEARN TO KITEBOARD OR SURF**

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### **Kiteboarding Lessons**

Learn to kitesurf at Kite Beach, Table View.

+27 21 556 2765 | [www.bestkiteboardingafrica.com](http://www.bestkiteboardingafrica.com)

### **Cape Town Surf Lessons**

Learn to surf with the majestic Table Mountain in the background. Big Bay, Bloubergstrand, with the famous view of the mountain, beautiful stretch of beach and newly developed beach front promenade, makes it the ideal spot to learn how to surf or improve your skills.

+27 71 425 5470 | [www.capetownsurflessons.co.za](http://www.capetownsurflessons.co.za)

## **14 SUNDOWNERS AT BOSSA RESTAURANT ON THE BEACH**

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### **BOSSA Restaurant. (Bridge Road, Woodbridge Island.)**

Bossa Restaurant is situated on the dunes at the edge of the Atlantic Ocean next to the lighthouse at Milnerton Beach on Woodbridge Island. They have 180° unsurpassed views of Cape Town, Table Mountain, Robben Island and all the way up the West Coast to Blouberg.

+27 21 551 4992 | [www.bossa.co.za](http://www.bossa.co.za)

## **15 SHARK CAGE DIVING**

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### **Marine Dynamics**

Marine Dynamics is a Shark Cage Diving company based in Kleinbaai, a small harbour town, part of Gansbaai in the Western Cape of South Africa.

Time: Full Day | +27 79 930 9694 | [www.sharkwatchsa.com](http://www.sharkwatchsa.com)

### **White Shark Cage Diving Company**

Small groups for a more personalized, exclusive experience.

Time: Full Day | +27 82 559 6858 | [www.sharkcagediving.co.za](http://www.sharkcagediving.co.za)

### **Shark & Safari**

Shark and Safari provide shark cage diving tours from Gansbaai, 160km from Cape Town. Dyer Island is just off the coast and is home to one of the largest seal colonies in Southern Africa. The approximately 60 000 seals provide the main diet of the Great White Shark. The channel that intersects this island is called Shark Alley.

Time: Full Day | +27 21 418 4873 | +27 72 648 3360 | [www.sharkandsafari.co.za/shark-cage-diving/](http://www.sharkandsafari.co.za/shark-cage-diving/)

## **16 CAPE TOWN HELICOPTERS**

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### **Cape Town Helicopters**

Flights include: Robben Island, Atlantico, Two Oceans and Full Peninsula.

+27 21 418 9462 | [www.helicopterscapetown.co.za](http://www.helicopterscapetown.co.za)

## **17 FIRST THURSDAY**

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### **First Thursday**

On the first Thursday of every month, explore the art galleries and shops of Cape Town's central city until late. [www.first-thursdays.co.za](http://www.first-thursdays.co.za)



## 18 THE FIREMAN'S ARMS

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### **The Fireman's Arms**

One of the finest and oldest pubs in Cape Town providing beers and wines with pub food and light meals.

Are you a sport fanatic? Need some action? From Rugby and European Football Games, to the Grand Prix, they love sports. Grab your mates and get comfortable, as you celebrate your love for the game, with 9 HD flat screens, beer on tap, pub food; you're set! [www.firemansarms.co.za](http://www.firemansarms.co.za)

## 19 LUHAMBO TOURS - CAPE WINE & DAY TOURS

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### **Luhambo Tours - Cape Wine & Day Tours**

Luhambo Tours is a Cape Town-based tour operator and a wine tours specialist.

+27 21 551 0467 | +27 82 306 4141 | [www.luhambotours.com](http://www.luhambotours.com)

## 20 TWO OCEANS SPORT FISHING CHARTERS

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### **Two Oceans Sport Fishing Charters**

Deep Sea Sport, Fly & Spear Fishing Charters for Yellowfin tuna from Hout Bay, Cape Town

Rensha: +27 21 511 1914 | [www.tosf.co.za](http://www.tosf.co.za)

## 21 THINGS TO DO FOR KIDS

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### **Two Oceans Aquarium**

Immerse yourself in the wonders of the ocean. Visit their exhibits and learn about marine life. Even better, join them during feeding time to see a frenzy of activity, accompanied by a short talk from one of their staff. +27 21 418 3823 | +27 21 418 3952 | [www.aquarium.co.za](http://www.aquarium.co.za)

### **Ceres Steam Train**

The Ceres Railway Line offers a unique way for visitors to experience the Ceres valley whilst being immersed in 100-year-old history. Ceres is one of the biggest deciduous fruit producing areas in the Western Cape and features breath-taking scenery. The train runs on Saturdays from Cape Town to Ceres and back. +27 79 077 5332 | [www.ceresrail.co.za/trips/](http://www.ceresrail.co.za/trips/) | [bookings@ceresrail.co.za](mailto:bookings@ceresrail.co.za)

### **Cape Town Surf Lessons**

Surf Big Bay is Big Bay's Surf School of choice, boasting quality equipment and professional coaching with over 15 years of surfing experience. They can do big group lessons and private lessons. Kids aged 5 and older are welcome to join in as well. +27 71 425 5470 | [www.capetownsurflessons.co.za](http://www.capetownsurflessons.co.za)

### **Movies at Canal Walk**

Visit the NuMetro cinema at Canal Walk Shopping Centre. [www.canalwalk.co.za/movies.htm](http://www.canalwalk.co.za/movies.htm)

### **Fairview**

Fairview is a great place to spend time. The kids will love the goat shed, while the adults can enjoy the

following activities: Wine Tasting, Cheese Tasting, The Goat Shed Restaurant, The Goat Tower, Beryl Back Master Tasting Room, Junior Cheese Masters and the Shop & Deli. [www.fairview.co.za](http://www.fairview.co.za)

#### **Mini Train, Mouille Point**

Catch a ride on this cute little miniature train and enjoy views of passing ships and Robben Island. Then hop off and let the kids enjoy the park with a tricycle track, jungle gyms and rock climbing. +-R15 per person per ride. +27 84 314 9200 | [www.thebluetrainpark.co.za](http://www.thebluetrainpark.co.za)

#### **Jolly Roger Pirate Boat - Quay 5 at the V&A Waterfront**

Adventures on the high seas await the mateys on the Jolly Roger Pirate Boat, which sets sail every day in the late morning, at lunchtime and at sunset and includes a live pirate show that will have everyone thrilled and aarrhg-ing. +27 21 421 0909 | [info@pirateboat.co.za](mailto:info@pirateboat.co.za) | [www.yacoobyachts.co.za](http://www.yacoobyachts.co.za)

#### **Pick your own strawberries at Polkadraai Farm**

Rows colourful scarecrows, sumptuous strawberries and homemade jam. A kiddie's paradise!  
Farmstall: January to December / 9am to 5pm (Daily)

#### **Strawberry Picking: 1 October to 17 January / 9am to 4pm (Daily)**

M12, Stellenbosch Arterial Road, Between Stellenbosch and Kuilsriver.

+27 21 881 3854 (Select option 2.) | [www.polkadraaifarm.co.za](http://www.polkadraaifarm.co.za)

#### **Pick your own cherries at Klondyke Farm**

Klondyke is a working fruit farm in the Koue Bokkeveld on the outskirts of the Ceres valley, with three self-catering cottages, a campsite and cherry-picking during season. 2-hrs drive from Cape Town.

#### **Cherry Season runs from end of November till the first week of January each year.**

+27 87 550 0232 | [www.cherryfarm.co.za](http://www.cherryfarm.co.za) | GPS: S 33°18'55.51 E 19°34'53.76

#### **Downhill Adventures**

Older kids with a bit of a thrill-seeking streak will enjoy all the amazing activities that Downhill Adventures has to offer. +27 21 422 0388 | [www.downhilladventures.com](http://www.downhilladventures.com)

#### **Iziko Museum Planetarium**

View the stars and constellations of South African skies from the comfort of this state-of-the-art celestial theatre. Check website for more information and operating times.

25 Queen Victoria Street, Cape Town | +27 21 481 3900 | [www.iziko.org.za/museums/planetarium](http://www.iziko.org.za/museums/planetarium)

#### **Butterfly World**

Butterfly World Tropical Garden, one of the more unique attractions of the Western Cape Winelands, consists of a tropical garden in a 1000 m2 greenhouse.

Route 44, Klapmuts (near Stellenbosch and Paarl), Cape Winelands.

+27 21 875 5628 | [www.butterflyworld.co.za](http://www.butterflyworld.co.za)

#### **Battery Park at the V&A Waterfront**

Scooter path, skatepark and a multi-court for netball, basketball and soccer games.

Open daily from 6am – 6pm. +27 21 408 7600 | [canal@waterfront.co.za](mailto:canal@waterfront.co.za)

#### **Playdate Superpark at the V&A Waterfront**

Indoor playground at The Watershed.

+27 67 028 0738 | [events@superpark.co.za](mailto:events@superpark.co.za)



## 22 AIRPORT TRANSFERS & TOURS – STUART MATANHIRE

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### **Stuart Matanhire – We Highly Recommend Stuart for Airport Transfer & Tours**

Stuart offers airport transfers, trips to the wine region (Franschhoek & Stellenbosch), The Cape of Good Hope, the penguins and more. We recommend booking Stuart in advance.

+27 72 376 8432 | [web.facebook.com/goodtimesincapetown](https://web.facebook.com/goodtimesincapetown)

## 23 CERES STEAM TRAIN

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### **Ceres Steam Train**

The Ceres Railway Line offers a unique way for visitors to experience the Ceres valley whilst being immersed in 100-year-old history. Ceres is one of the biggest deciduous fruit producing areas in the Western Cape and features breath-taking scenery. The train runs on **Saturdays** from Cape Town to Ceres and back. +27 79 077 5332 | [www.ceresrail.co.za/trips/](http://www.ceresrail.co.za/trips/) | [bookings@ceresrail.co.za](mailto:bookings@ceresrail.co.za)

## 24 CITYROCK CAPE TOWN - INDOOR CLIMBING GYM

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### **CityROCK**

State-of-the-art indoor climbing facility. Yoga and coffee shop.

9 Milner St, Paarden Eiland, Cape Town, 7405

+27 21 447 1326 | [www.cityrock.co.za/capetown/](http://www.cityrock.co.za/capetown/)